LIFE SKILLS

S.NO	ACADEMIC YEAR	DATE	NAME OF THE EVENT
1.	2022-23	07.10.2022	Leadership Life Skills for Engineering Excellence
2.		28.04.2023	Life Skills Toolkit for Engineering Professionals
3.	2021-22	11.11.2021	Confidence Skills Training for Students
4.		02.06.2022	Science of entanglement through meditation
5.	2020-21	17.12.2020	Self-Assessment and Reflection
6.		19.03.2021	Motivation Skills to Reach Achievement
7.	2019-20	21.06.2019	International Yoga Day for Software Employees
8.		05.03.2020	Physical and Mental Health
9.	2018-19	18.12.2018	Conscious Eating
10.		04.06.2019	Adobe Photoshop